

## CLAIMS

1 1. A unit dosage form of a composition which when  
2 administered to human beings with intermittent carbohydrate  
3 cravings, blocks the craving without necessarily suppressing other  
4 food intake, which comprises between about 5 mg and 100 mg per day  
5 of an active composition comprising the dextrorotatory optically  
6 active isomer of 1- (meta-trifluoromethylphenyl)-2-amino-propane  
7 or a physiologically acceptable salt thereof in admixture with an  
8 inert non-toxic carrier.

1 2. The compositions of claim 1 wherein the active  
2 composition is the dextrory isomer of 1-(meta-trifluoromethyl-  
3 phenyl)-2-aminopropane.

1 3. The compositions of claim 1 wherein the active  
2 composition is the hydrochloric acid addition salt of 1-(meta-  
3 trifluoromethylphenyl)-2-aminopropane.

1 4. The pharmaceutical composition of any one of  
2 claims 1, 2 or 3 wherein the amount of active composition ranges  
3 from 5 to 100 mg.

1 5. A method of treating human patients having the  
2 syndrome of abnormal carbohydrate craving, between meals which  
3 consists of administering to said patient the composition of  
4 claim 1.

1 6. A method of claim 5 wherein the dosage of the  
2 active composition in the composition of claim 1 ranges from  
3 5 to 100 mg.